

Center Point Inc.'s Mission

Our mission is to provide comprehensive social, educational, vocational, medical, psychological, housing, and rehabilitation services to combat social problems such as substance abuse, poverty, unemployment, and homelessness.

For over forty years, Center Point has offered rehabilitation and treatment services that interrupt the abusive cycles of psychological, social, and economic dislocation by providing critical training and support so that individuals and families can claim self-worth and dignity.

The overarching goal of Center Point's health and social services programs are to return adults with substance use and mental health disorders to the community as productive, pro-social members of society.



Center Point Inc.

**For referral,
information &
enrollment
contact staff at:**

P: 916-962-2800
F: 916-962-2824
11228 Fair Oaks Blvd
Fair Oaks, California
95628



Center Point Inc.

Center
Point Inc.

Fair Oaks-
Sacramento



Changing Lives...
Connecting
Community

CENTER POINT INC. RESIDENTIAL TREATMENT

Center Point, Inc. operates the Adult Residential Treatment Program in order to assist those in need of an intensive highly structured treatment environment.

The program offers a variable stay from 3 to 6 months, clients are assessed for additional treatment needs during the course of treatment. All treatment is based on the clients voluntary agreement for placement. Additional assessments are completed regarding the client's clinical, mental health, legal, family, and medical needs. Based on the intake interview and assessments, the client and the clinical team mutually develop an individualized treatment plan which will guide the clients treatment experience.

The Adult Residential Treatment provides cognitive, behavioral, educational, vocational, and peer support interventions that promote pro-social adaptation to life without drugs and alcohol.

PREPARING FOR POSITIVE RE-ENTRY INTO SOCIETY

Center Point offers a range of rehabilitative services that promote pro- social development, employability, family and inter-personal stability, successful community reintegration, and a clean and sober life style. Services include:

- Assessment to Identify Needs
- Cognitive and Life Skills Training
- Parenting Education
- GED Preparation
- Pre-Employment Skill Development
- Job Readiness Training
- Job Search Referrals
- Health and Nutrition Education
- Substance Abuse Education
- Money Management / Financial Literacy
- Benefits Counseling and Assistance
- Linkage to Community Supportive Services
- Housing Services

CENTER POINT DELIVERS

Center Point operates the 31-bed treatment facility in Fair Oaks, California, located in Suburban Sacramento. This program offers integrated treatment services for adult men and women. The treatment and training curriculum emphasizes the development of skills that assist participants in successful community reintegration, including social and cognitive skill building, vocational preparation, relapse prevention, community integration, and continuing care planning. Length of treatment is based on individualized assessed need. Continuing Care services provide critical social and clinical support after program completion.

CONTINUING CARE

Continuing Care services are initiated when participants complete residential or intensive outpatient programs. Weekly groups provide an on-going supportive forum that addresses re-entry issues and concerns. Continuing Care fosters the development of a stable peer support network (including AA & NA), recovery management skills, and provides continuing supportive services.